Flipped Classroom for Diving Environment Training Using Cooperative Learning

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ABSTRAK

Pelatihan diving di Basarnas terkendala jarak sehingga berdampak pada kinerja tugas pegawai sebagai individu. Penelitian ini bertujuan untuk mengembangkan ruang kelas terbalik untuk pelatihan lingkungan penyelaman bagi penyelamat dan mendapatkan hasil untuk menilai kelayakan mereka. Penelitian ini menghasilkan desain penelitian dan pengembangan pembelajaran dengan tahapan dan prosedur yaitu menggunakan desain pembelajaran berbasis multimedia dengan tahapan mulai dari asesmen dan analisis kebutuhan, perancangan, pengembangan, implementasi dan evaluasi. Teknik analisis data yang digunakan adalah analisis kualitatif dan kuantitatif. Langkah pengembangan yang dilakukan mengacu pada desain pembelajaran berbasis web yang dipadukan dengan model PEDATI pada tahap desain. Uji kelayakan diperoleh berdasarkan penilaian para ahli yang meliputi ahli materi, ahli desain pembelajaran dan ahli media serta pengujian bagi pengguna untuk mendapatkan saran perbaikan. Dari hasil penelitian didapatkan hasil evaluasi ahli materi diklat dengan nilai persentase total 94,79%, validasi ahli desain pembelajaran 90,27%, dan validasi ahli media pembelajaran 90,38%. Hasil tes individual one-to-one disimpulkan sangat valid dan dapat digunakan tanpa revisi, dan untuk tes dalam kelompok kecil rata-rata penilaiannya sangat valid tanpa revisi. Dapat disimpulkan bahwa pembelajaran Flipped Classroom cocok

digunakan dalam pelatihan lingkungan menyelam dengan menggunakan pembelajaran kooperatif.

ABSTRACT

Diving training at Basarnas is constrained by distance so that it has an impact on the performance of employees' duties as individuals. This study aims to develop a flipped classroom for diving environment training for rescuers and obtain results to assess their feasibility. This study produces a research design and learning development with steps and procedures, namely using a multimedia-based learning design with stages ranging from assessment and needs analysis, design, development, implementation and evaluation. The techniques used to analyze the data are qualitative and quantitative analysis. The development steps taken refer to the web-based learning design combined with the PEDATI model at the design stage. The feasibility test is obtained based on the assessment of experts including material experts, learning design experts and media experts as well as testing for users to get suggestions for improvement. From the results of this study, it was found that the evaluation of training material experts with a total percentage value of 94.79%, expert validation of learning design 90.27%, and validation by instructional media experts 90.38%. The results of the individual one-to-one test are concluded to be very valid and can be used without revision, and for tests in small groups the average assessment is very valid without revision. It can be concluded that Flipped Classroom learning is suitable for use in diving environment training using cooperative learning.

Introduction

The development of science and technology in the 21st century is happening very rapidly. This affects all aspects of life (Rochmad & Ulinnuha, 2020; Wulandari, Sudatha, & Simamora, 2020). This has also been said by Raditya & Widhiyani (2018) which states that information technology which is currently developing very rapidly will bring changes to all aspects of life. In addition, the development of high-speed internet services has made significant progress in less than a decade (Soni et al., 2018; Yusny & Yasa, 2019). This has made major changes to the educational aspect, especially the learning method. Currently, a person can study anywhere

without having to take part in classroom learning (Kurtz, Tsimerman, & Steiner, 2014; Yusuf & Widyaningsih, 2018). The rapid development of technology makes it easier for a person to learn so that it can be used as a means to improve the quality of education. Producing quality human resources requires efforts to improve the quality of education (Hikmawati & Fathan, 2019; Yayuk & Sugiyono, 2019). one of the efforts that can be done by improving the learning process. technological advances can help improve learning activities.

The problem that has occurred recently is that many training institutions are constrained by distance. Based on the results of observations, several problems were found, namely the diving training at Basarnas has been constrained by the distance between the training institute and the employee's place which is quite far, and the time is limited to be used in training activities. This has an impact on the performance of employee duties as a person. Rescuers in carrying out SAR tasks by diving are less than optimal. Therefore, it is necessary to make learning development efforts in accordance with the characteristics of personnel competencies and of course the needs of the organization. Competence regarding the diving environment is very much needed by a rescuer in carrying out SAR operations in the marine environment, which is precisely under water by diving in various conditions. Besides having to have good knowledge, it is also supported by qualified skills. Training is a systematic process of providing opportunities to learn knowledge, skills and attitudes for current jobs or future challenges (Dahniar, 2019; Elizar & Tanjung, 2018).

The combination of face-to-face and online learning can be a solution to the above problems. Blended learning is an activity combining learning delivery strategies using face-to-face activities, computer-based learning (offline), and online with the internet. (Ceylan, 2017; Purnomo, Ratnawati, & Aristin, 2016; Wulandari et al., 2020). One of the class rotation models in blended learning is flipped classroom. Dziuban, Graham, Moskal, Norberg, & Sicilia (2018) defines that flipped classroom learning is an approach to learning where instruction moves directly from the classroom learning room to individual study rooms, and produces group spaces in the classroom. This learning model creates a dynamic and interactive learning environment in which teachers guide students as they apply concepts and engage creatively in subject matter. (Fitriana, 2017; Kalantarrashidi, Mohammadpour, & Sahraei, 2015). flipped classroom reverses the class that is traditionally done entirely outside the classroom (Usman, 2018), his can be combined with a cooperative learning approach, namely the application of strategies in a suitable pedagogical model. The cooperative learning approach has several principles in its application, namely, 1) Positive interdependence, by helping each other produce good teamwork, 2) Individual accountability, increasing individual competence which is the result of teamwork, 3) Equal Participants, based on the ability of each individual to have the same opportunity and workload, 4) Simultaneous interaction, groups both in pairs and teams have continuous intervals of relationships based on structure (Darmayasa, Suara, & Manuaba, 2013; Megawati & Riastini, 2014).

A study states that learning flipped classroom with a cooperative approach can improve student competence based on the learning outcomes obtained (Foldnes, 2016). This is of course supported by proper design procedures and steps, flipped classroom designs that can be used, one of which is by using the PEDATI model with the acronym learn, explore, apply and evaluate (Chaeruman, 2017). This model emphasizes activities in mixed learning with learning settings. in synchronous and asynchronous form (Wulandari et al., 2020). The technology used to facilitate online learning can be in the form of a network-based learning management system application as software used to document, manage, track, and report on training programs held electronically (Kamarga, 2018).

This study developed a flipped classroom model of online learning design with a cooperative learning approach. The purpose of this study is to develop a flipped classroom in a diving environment training for rescuers and obtain results to assess their feasibility. It is hoped that the flipped classroom learning model that uses cooperative learning can be used for training in a diving environment so that it can overcome time and distance limitations.

Method

This research is a learning design and development with steps and procedures, namely using a multimedia-based learning design with stages ranging from assessment and needs analysis, design, development, implementation and evaluation. (Lee & Owens, 2004). The main focus of this research is the assessment and needs analysis, design and development stages. At the assessment and need analysis stage, a qualitative approach was carried out, namely by conducting interviews with officials in organizations in charge of managing technical personnel for search and rescue, training instructors, and employees as participants. The qualitative analysis technique used is an interactive data analysis model. After that, by doing a front-end analysis to ensure in more detail the appropriate needs for learning development.

Furthermore, at the design stage it will be combined with the PEDATI model as a description of learning activities, namely by formulating learning outcomes, describing the content of the material, designing synchronous and asynchronous learning activities and making cooperative flipped classroom learning schemes.

After that, the instructional media design that is made will be used to be assembled into an application based on the Learning Management System platform. The development stage is to describe the contents of the learning media to produce an initial prototype which is then validated by experts consisting of material experts, learning design experts and instructional media experts, then perform user validation as part of development in order to obtain eligibility.

In this development research using several data analysis techniques based on the stages and stages of the data obtained, namely by a) Qualitative, using an interactive data model with condensation, display and verification. By processing the results of the data obtained through interviews, questionnaires, and the results of suggestions and input to be displayed based on the previous order conclusions were drawn after previously verifying the data obtained. b) Quantitative analysis, namely by converting the data obtained into percentages and scales. The validity of the score results from expert and user validation can refer to the table 1.

Table 1. Validation value conversion scale (Akbar, 2013)

No	Validity Criteria	Level of Validity
1	85,01%-100,00%	Very valid, or can be used without revision
2	70,01%-85,00%	Quite valid, or can be used but needs minor revisions
3	50,01%-70,00%	Less valid, it is recommended not to use it because it needs
		major revisions
4	01,00%-50,00%	Invalid, or may not be used

Result and Discussion

The results of interviews conducted with officials at the Directorate of Manpower Development, namely the Head of the Sub-Directorate for Planning and Personnel Standardization, resulted in a description of the need for training development, namely, One of the main tasks of rescuers and the field of operations, namely in the water area. Search and rescue operations of water areas are the activities most often carried out by rescuers because most of their territories are dominated by waters, including under water. One of the important competencies that must be mastered is being able to search and rescue underwater by diving. This competency is very specific which must be supported by qualified knowledge and skills. From the data, it was found that 60% of respondents did dives while on duty in the waters and the rest were on the surface of the water. In addition to the basics of diving that is mastered, it is necessary to understand the conditions of the underwater environment with the aim of preserving the environment and avoiding the dangers that threaten the rescuer while in the underwater diving environment. Based on the data obtained, only 30% of respondents have structured training. The problems that occur are due to the limited capacity of participants in training institutions, distances or training locations that are far away. coupled with the number of instructors who are still limited.

In terms of learning needs to use the internet, the respondent's data obtained from the total percentage of respondents more than 75% stated that they were accustomed to using technology, both hardware and software application menus connected to the internet. In the aspect of learning media, the response obtained was 80%, which stated that teaching materials played a very important role in the learning process. In the learning strategy aspect, 88.9% of the respondents' data were obtained which stated that the application of group learning can be used and is suitable for technical training for rescuers. The current condition is that the training is still carried out face-to-face with the arrival of participants from all SAR agencies to be gathered at a centralized training center, with the instructor conveying concepts, theories, and procedures in class through demonstrations and interactions after which practice is carried out by dividing small groups according to learning material needs.

From the results of the analysis and needs assessment obtained, the design is carried out into learning outcomes, subject matter, material descriptions and separation of synchronous and asynchronous activities based on competency targets to achieve the expected training objectives.

Table 2. Achievements and Learning Activities

Looming	Looming				Learning activities		
Learning	Subject		Sub Topics	Subject matter	Sy	nc	Asynchronous
outcomes					SL	SM	-
Learners can explain the	Underwater environment	1.	Underwater environmental	Underwater conditions			V
underwater			conditions	Underwater life			V
environment for diving properly		2.	The role of underwater	The role of underwater			V

Learning					Learning activities		
outcomes	Subject		Sub Topics	Subject matter	Sy SL	nc SM	Asynchronous
			environmental habitats	habitats Impact of underwater habitat conditions on	, SE	, DIVI	V
Learners can	The basics of	1.	Understanding	land Understanding			V
explain the basics of waves	the waves and the movement	2	waves and currents	waves Definition of			V
and current movements for	of the currents	2.	The movement of currents and	flow Current			V
diving properly		3.	waves The ups and downs	movement Wave movement			V
			downs	The danger of waves and currents			V
				Definition of tides			V
				The tidal cycle of sea water			V
Students can apply various appropriate techniques to be able to enter and exit both water transportation and from the edge of the land appropriately.	Entry and entry techniques during a dive	2.	Exit and enter the transportation of divers in water Exit and enter from land or waterfront	Techniques for getting out of the means of transportation in the water while diving The technique of entering into the means of transportation in the waters during a dive Exit and enter to dive from the mainland Safety procedures for exiting and entering during dives	V V V		
Students can correctly explain	Characteristics of coral reefs	1.	Characteristics of coral reefs	Characteristics of coral reefs			V
the characteristics		2.	The function of coral reefs	Location of coral reefs			V
of coral reefs including types,		3.	Types of coral reefs	Types of coral reefs			V
roles, and benefits for life				The role of coral reefs in underwater life Benefits of			V V
				coral reefs for life			V
Students can correctly	Biota under water	1.	Types of water biota	The names of marine life			V
classify the		2.	Potential	Types of			V

Lagrarina				J	Learnir	ng activities	
Learning outcomes	Subject		Sub Topics	Subject matter	Sy	nc	Asynchronous
outcomes					SL	SM	
types of biota under water, especially in the oceans, as well			hazards to underwater biota	marine life The nature of various marine life			V
as the potential hazards for divers				The dangers of marine life for divers			V
Students can apply diving techniques with various conditions under water properly.	Diving techniques in various underwater conditions	 2. 	Use kicking techniques when performing search and rescue properly Using the	The kicking technique while diving is suitable for underwater environmental conditions	V		
			technique of landing and sliding under the water with precision	Hovering technique is suitable for underwater environmental conditions	V		
				The technique of landing under water	V		
				Technique	V		

After designing the learning activity, it is then explained in the Flipped Classroom activity with a cooperative approach which is illustrated with a description of student learning activities as in Tabel 3.

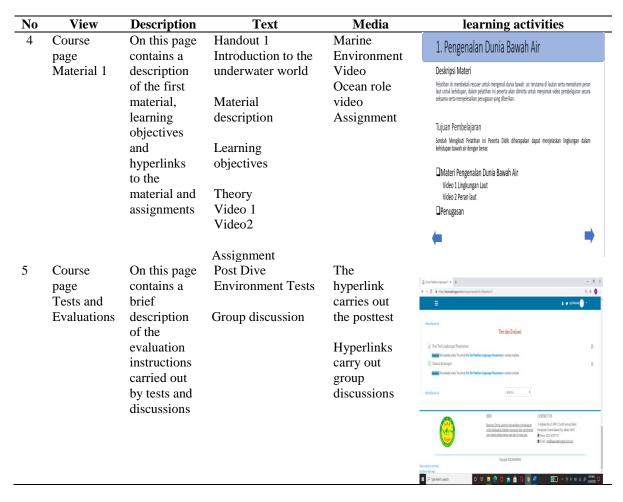
Table 3. Flipped Classroom with a cooperative approach to Diving Environment Training

	Flipped Classroom							
Subject	Outside Clas	ss / Asynchronous	In Classroom / Synchronous					
	Independent	Group	Independent	Group				
Underwater environment	Learn via online material	deepening through assignments	-	Participants analyze all				
The basics of the waves and the movement of the currents	Learn via online material	deepening through assignments	-	assignments based on the conditions of their respective work areas				
Characteristics of coral reefs	Learn via online material	deepening through assignments	-					
Biota under water	Learn via online material	deepening through assignments	-					
Entry and entry techniques during a dive	-	-	Learn by demonstration	Apply with Field Practice				
Diving techniques in various underwater conditions	-	-	Learn by demonstration	Apply with Field Practice				

The development stages have produced early learning products, namely web-based applications with the technology used, namely with Moodle as a Learning Management System (LMS) with adjustments to the pedagogical model and strategies applied to the learning design.

Table 4. Menu on Training with LMS

No	View	Description	Text	Media	learning activities
1	Home /	This page is	Welcome to	- Wiedia	earning activities
	Home	a training menu on e learning available	Basarnas Online Learning List of Training Names		SELAMAT DATANG DI BASARNAS ONLINE LEARNING Prichiper Pripripri Pripripripri Pripripri Pripripri Pripripri Pripripri Pripripri Pripripri Pripripri Pripri Prip
2	course menu page	On this page contains a menu of hyperlinks to enter training materials	Introduction to the Underwater Environment Waves and currents Get to know coral reefs Underwater biota Evaluation	Picture Hyperlink menu picture	1 **Investidate 2 for SELAMAT DATANG DI PELATIHAN 3 **Investidate 4 Company 1 **Bergeral 1 **Bergeral 1 **Bergeral 2 **Beta 3 **Redes 4 **Company 1 **Beta 8 **Beta 8 **Beta 1 **Pedes 6 **Pedes
		The buttons are used as instructions to the user	The button starts the quiz Button start material Material assignment button Next button Previous button		Petunjuk Belajar Pelatihan Lingkungan Penyelaman Tontod Menudal Sebelarraya
3	Course page Preliminary	This page contains a description of the training and its general objectives Training syllabus Pre-test	Training Description Learning objectives Hyperlink for download syllabus Hyperlink for pre- test	Text Pdf Hyperlink quiz	Pendahuluan Deskripsi Pelatihan Metihan in mendekilari mosur untuk dapat melakukan penyekunan dalam magda percarian dan protisiogra dengan menahuni untudosi Ingkrupan bawah air. Pelatihan in dibukkan dengan dengan figi sering perbebalipan yaktu secan oriline dengan berbasia perangkat elektronik tahu tang-muka dikelas dan apilikar lapangan. Tujuan Permbelajaran Serekah Mengleksi Pelatihan ini Perenta tidik dihangulan Dapat Memiliki Kerampuan Percarian dan Pertolongan disawah Air dengan tandisi tingkrupan Pengelaman di Sawah Air Secan Aran. ITentang Pelatihan Lingkrungan Penyelaman (Silabus Pelatihan PDF) Soal Pre Test 15 Soal Pilihan berganda



The results of the first assessment have been given by training material experts with a total percentage value of 94.79% with details of each aspect contained in tabel 5.

Table 5. Summary of Assessment by Diving Environment training material experts

Aspect	Total score	Ideal score	Percentage of Achievement (%)
Learning	24	24	100
Theory	43	44	97,72
Language and Communication	24	24	100

Whereas for the assessment and validation of learning design experts, a percentage value was obtained of 90.27%, with details of each aspect contained in tabel 6.

Table 6. Recap of assessment by instructional design experts

Aspect	Total score	Ideal score	Percentage of Achievement (%)
Learning	33	36	91,66
Display	13	16	81,25
Language and Communication	19	20	95

For assessment and validation by instructional media experts, the percentage of the total value is 90.38% with details of each aspect contained in tabel 7.

Table 7. Recap of learning media expert assessment

Aspect	Total score	Ideal Score	Percentage of Achievement
			(%)
Learning	12	12	100
Media Display	24	28	85,71
Program / Compatibility	21	24	87,5
Presentation of materials and media	37	40	92,5

The validation test for users is carried out on employees who occupy positions as rescuers and meet the requirements to take part in training consisting of three participants carried out simultaneously, following the total assessment results obtained as shown in tabel 8.

Table 8. Ratings by users in Individual Test (one to one Evaluation)

No	Participant	Value (percentage) (%)
1	Participant 1	91,66
2	Participant 2	90
3	Participant 3	88,33

The next step after obtaining data on the results of individual trials, then testing is carried out on small groups of users to obtain the validation data listed in tabel 9.

Table 9. Ratings by users in the Small group Evaluation

No	Participant	Value (percentage) (%)	
1	Participant 1	96,66	
2	Participant 2	96	
3	Participant 3	93,33	
4	Participant 4	98,33	
5	Participant 5	86,66	
6	Participant 6	88,33	
	Average	93,21	

From the results of the assessment and validation both by experts and by users, it can be interpreted, namely the results of the due diligence by material experts for the training material, namely 94.79%, which indicates a very valid level with conclusions that can be used without revision. Meanwhile, learning design experts get a score of 90.27 which if converted is a very valid qualification, and is feasible to use without revision. For instructional media experts give a total value of 90.38% with the interpretation that learning products can be used without revision. It can be concluded that the Flipped Classroom with a cooperative approach to environmental training can be applied.

This is due to several factors, namely as follows, First, the Flipped Classroom with a cooperative approach can be applied to environmental training because this flipped classroom follows a systematic flow so that learning becomes effective and efficient. Flipped classroom can be used by students anywhere and anytime so that it becomes effective and efficient (Fitriana, 2017; Usman, 2018). Flipped classroom utilizes technology to facilitate students in learning. This approach reverses the learning activities that are traditionally carried out in the classroom and will take place outside the classroom and in the classroom (Foldnes, 2016; Sojayapan & Khlaisang, 2018). Flipped classroom allows students to get lesson material before learning begins by studying individually or in groups which are usually assisted by learning media such as videos (Kurniawati, Santanapurba, & Kusumawati, 2019). Media or teaching materials will be uploaded before class learning begins. Thus, students who do not understand the subject matter will be able to repeat it again. When learning in class can be used by instructors to ensure students' understanding.

Second, the Flipped Classroom with a cooperative approach can be applied to training in a diving environment to make learning conditions comfortable and enjoyable, this leads to increased student motivation in learning. (Arianti, 2017; Widodo, 2016) also states that pleasant learning conditions will improve students' ability to understand and accept learning material so that it affects student learning outcomes. This learning activity is indeed very appropriate when applied to training institutions that are constrained by distance. Blended learning with the Flipped Classroom model is learning that combines learning delivery strategies using face-to-face activities, computer-based learning (offline), and online computers with the internet (Ceylan, 2017;

Purnomo et al., 2016; Wulandari et al., 2020). So that the Flipped Classroom is suitable for solving these problems.

These results are similar to other studies that this learning is more effective and efficient with cost and time and can be applied in various disciplines (Foldnes, 2016; Hwang, Wu, & Chen, 2012). Research conducted by Juniantari, Pujawan, & Widhiasih, (2019) stated that the Flipped Classroom approach can improve students' understanding of the subject matter. Research conducted by Damayanti & Sutama (2016) stated that the Flipped Classroom approach can improve students' attitudes and learning skills. So it can be concluded that the Flipped Classroom can be applied to improve students' understanding in learning. The implication of this research is that the Flipped Classroom model developed can be applied to help participants who are constrained by distance in training and make it easier for participants to learn so that it can improve student understanding.

Conclusion

The results of the feasibility test for developing the Flipped Classroom with a cooperative approach to diving environment training according to material experts, learning designs, and learning media are very well qualified without any revision. It can be concluded that the development of the Flipped Classroom with a cooperative approach to diving environment training can be applied in the learning process.

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