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A B S T R A K

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Identity status is a categorization of self-identity that helps a person to make choices based on the results of exploration and commitment. Learning outcomes vary for each students. Some students achieve excellent grade, others are average or even poor. Identity status may have an effect on students' learning outcomes. This study aims to compare students' learning outcomes based on their identity statuses. This research used a quantitative approach. To examine the hypothesis, researchers used the one-way ANOVA test to answer the research question about a significant difference between students' learning outcomes and their identity status. The samples were 74 third semester students from the English Education Study Program. Data for identity statuses were obtained using a questionnaire with 40 statements. Data for learning outcomes were obtained from final semester test scores. ANOVA test result indicated a significant difference between students' learning outcomes and their identity status. Thus, this study proved that there is a difference between learning outcomes based on identity Status. Therefore, it is vital to know the students' identity status to improve student learning outcomes. Students with a diffusion identity status are in a serious problem. Teachers must find a solution so that their identity status can develop towards a high identity status.

1. INTRODUCTION
Identity status is a categorization of self-identity that helps a person to make choices based on the results of exploration and commitment. In other word, The term identity statuses classifies one’s commitment and exploration and as the identity formation (Marcia in Arnold, 2017; Muttaqin, D., & Ekowarni, 2016; Sorouphim, K.M., & Issa, 2020). These options are categorized into four; identity achievement is the individuals with high commitment and exploration. This identity is the highest status at the identity level. Moratorium identity is an individual with low commitment but high exploration. Foreclosure identity is individuals with high commitment and low exploration (Huhtala et al., 2019; Olga et
academic performance requires high commitment and exploration (Meulemeester et al., 2017; Penner et al., 2019).

The achievement identity is the individuals with strong commitments after period of explorations (Sznitman, Zimmermann & Petegem, 2019). Moratorium is those who explore alternatives with out current strong commitments. Foreclosuure is those with strong commitments with out active exploration, while diffusion is those with lack of active exploration and commitments. So that people with high identity status have a high commitment and exploration to look for crises or problems that they get in learning activities in the form of tasks and trying to overcome the crisis. Leading to a low identity status, a person increasingly loses his commitment and exploration when encountering a crisis or problem. Thus, we can detect a student’s learning outcomes based on her identity status (Oyserman et al., 2021; Valdez et al., 2022).

Having a good academic performance requires high commitment and high exploration to lead students to achieve good learning outcomes (Blegur, 2020; Korpershoek, 2016). Learning outcomes that become benchmarks are students’ scores based on assessment instruments within a certain period (Anthonyamy et al., 2020; Kazu & Iş, 2018; Ristani & Arianto, 2019). The grades obtained are then compared with the specified completeness criteria. From the result, we can see whether the students perform successful outcomes or not (Alhefnawi, 2021; Sriyanti et al., 2021). Thus, academic performance is required in learning to complete all subjects. Furthermore, other research added that learning outcome is not a measured skill for a relatively short and partial time but is a long process that involves a comprehensive range of elements (cognitive, affective, and psychomotor) (Batlolona & Mahapoonyanont, 2019; Mardiana, 2019).

Learning outcomes also help students understand why knowledge and skills will be useful to them (Mahajan, M., & Singh, 2017; Ristani & Arianto, 2019). They focus on context and potential applications of knowledge and skills, help students relate learning in various contexts, and help guide assessment and evaluation. Good learning outcomes emphasize applying and integrating knowledge (Huda et al., 2019; Pratama et al., 2019). Learning outcomes can be tested through tests to determine the effectiveness of teaching and the success of students or teachers in the teaching and learning process. To know the completeness of student learning, the teacher must conduct a test of learning outcomes (Muhammad, 2018; Nurlia et al., 2017).

There are two reasons the researchers conducted this research. Firstly, the researchers believe that learning outcomes have strong connection to identity status. The rationale is that students who are in the highest status of identity will perform good learning outcome because they do active effort in studying such as diligently working on assignments given by teachers, have self-confidence to develop, have high self-confidence, and can make decisions when dealing with crisis or unstable situation that affects individuals (Subaryana, 2015). Otherwise, students with poor performance is resulted from a lack of commitment and no exploration (Pop, et al., 2016; Tanudjaya & Doorman, 2020). Identity status contains two key parts as the core of identity development; commitment and exploration (Kunnen, & Metz, 2015; Sorouphim, & Issa, 2020).

Secondly, research on identity status and learning outcomes is still limited in Indonesia. A research that is similar to this study was conducted by (Sorouphim & Issa, 2020). However, the research investigated the identity statuses of male and female students in Labanese youth and tried to see their relation to gender and academic achievement. It used ego identity questionnaires and used only 32 statements with 6-points likert-type scale. The result found that there was no significant achievement differences. Our research is simpler that to compare learning outcomes and identity status, using 40 statements of Ego identity questionnaires with 5 points likert-type scale. Other related studies showed a relationship between academic identity status, goal orientation, and different academic achievements of men and women (Jezi, et al., 2009). If someone has a high identity status, then the goal orientation is good and will also produce good academic performance (Denney, 2021). Women have more achievement identities, while men have diffusion identities. This study aims to compare students’ learning outcomes based on their identity statuses.

2. METHOD

This study uses a quantitative approach. The data collection technique is by filling out a questionnaire that aims to identify the four identity statuses. The questionnaire was adopted from Marcia (1966). There are 40 statements consist of 10 statements for achievement, 10 statements for foreclosure, 10 statements for the moratorium, and 10 statements for diffusion. The alternative answers in the questionnaire use the Likert-scale (1- 5): strongly disagree (1), disagree (2), neutral (3), agree (4), and strongly agree (5). After collecting the data, we did a description to map and classify the identity status into four: achievement identity, moratorium identity, foreclosure identity, and diffusion identity. We then
conducted the One-way ANOVA test to see the learning outcomes' difference based on students' identity status. The learning outcomes were the student's final score got at the end of the semester. The samples were 74 students from the 3rd semester of the English Education study program, Artha Wacana Christian University, Kupang. Samples were taken using a purposive sampling technique. We conducted this research for one semester (five months) until the final test of the semester.

3. RESULT AND DISCUSSION

Result

We compared the four groups with the learning outcomes; the group with achievement identity was 24 samples, the moratorium was 22 samples, foreclosure was 17 samples, and diffusion was 11. The Total of samples was 74 samples. The research results are presented in Table 1 and Table 2.

Table 1. Descriptive Analysis

<table>
<thead>
<tr>
<th></th>
<th>N</th>
<th>Mean</th>
<th>Std. Deviation</th>
<th>Std. Error</th>
<th>95% Confidence Interval for Mean</th>
<th>Minimum</th>
<th>Maximum</th>
</tr>
</thead>
<tbody>
<tr>
<td>Achievement</td>
<td>24</td>
<td>78.42</td>
<td>7.021</td>
<td>1.433</td>
<td>75.45 - 81.38</td>
<td>65</td>
<td>99</td>
</tr>
<tr>
<td>Moratorium</td>
<td>22</td>
<td>66.09</td>
<td>5.748</td>
<td>1.225</td>
<td>63.54 - 68.64</td>
<td>48</td>
<td>75</td>
</tr>
<tr>
<td>Foreclosure</td>
<td>17</td>
<td>60.71</td>
<td>5.347</td>
<td>1.297</td>
<td>57.96 - 63.46</td>
<td>50</td>
<td>71</td>
</tr>
<tr>
<td>Diffusion</td>
<td>11</td>
<td>50.00</td>
<td>8.729</td>
<td>2.632</td>
<td>44.14 - 55.86</td>
<td>31</td>
<td>62</td>
</tr>
<tr>
<td>Total</td>
<td>74</td>
<td>66.46</td>
<td>11.178</td>
<td>1.362</td>
<td>63.74 - 69.17</td>
<td>31</td>
<td>99</td>
</tr>
</tbody>
</table>

Table 2. Learning Outcomes

<table>
<thead>
<tr>
<th></th>
<th>Sum of Squares</th>
<th>df</th>
<th>Mean Square</th>
<th>F</th>
<th>Sig.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Between Groups</td>
<td>6977.197</td>
<td>3</td>
<td>2325.732</td>
<td>53.427</td>
<td>0.000</td>
</tr>
<tr>
<td>Within Groups</td>
<td>3047.181</td>
<td>70</td>
<td>43.531</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>10024.378</td>
<td>73</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

The mean value of the learning outcomes of students with identity achievement was 78.42, students with moratorium identity were 66.09, those with foreclosure were 60.71, and those with diffusion identity were 50.00. The data has shown that the achievement group has a mean value greater than the moratorium, foreclosure, and diffusion. The moratorium has a mean greater than foreclosure and diffusion, and diffusion has the lowest mean of the three identity statuses. According to Marcia (1966) the identity status levels are started from the highest, the identity achievement, to the lowest status, the diffusion identity. The data showed that the Sig value > 0.05. Thus, there is a significant difference between learning outcomes and identity status.

This study has proved that identity status greatly influence the students’ learning outcomes. Students with achievement identity got higher scores with a mean of 78.42 because of having high commitment and high exploration (Marcia in Sorouphim & Issa, 2020; Kroger & Marcia, 2011). The characteristics of students with an achievement identity status based on Marcia's questionnaire are that they fight for what they believe in and be carefully selecting close friends. Close friends that they consider are those who have values and similarities with them personally. Besides, they try to build relationships with different people so they can have something to believe in and learn from past failures to decide which is good so that the same mistakes do not reoccur. Everything is through consideration. After considering, they decide and believe in it without the need for interference from other people such as parents or friends. It shows that they find out or learn something first before settling as an option. These characteristics indicate strong commitment and exploration.

Discussion

Successful students are if they achieve good learning outcomes due to integrating and applying skills and knowledge represented in the scores obtained (Kazu & İş, 2018; Maman & Rajab, 2016; Purnamasari et al., 2020). Students are measured through their final exam scores. If getting average, below-average scores, they need to complete what is lacking in their learning effort leading to the excellent learning results. If getting unsatisfied or very insufficient scores, they must be more committed and have exploration as a learning process to improve their learning outcomes (Subagia & Wiratma, 2016; Wildan, 2017). Those with an identity achievement status show that they attained the highest identity status. They achieve this...
through a process of active exploration and a strong commitment to a specific set of values, beliefs, and life goals that arise from active and healthy exploration and commitment (Tlonaen, Dharma, & Mustofa, 2018). These learners can decide what values and goals are most important to them in learning or what mission needs to achieve excellent or good learning outcomes. Their learning outcomes show that they prioritize what is important to them (Adjii, 2019; Friantary & Martina, 2018). They believe that to be successful; they need commitment and exploration. They experiment with their belief. To fully achieve this type of identity, students must feel positive and confident about their decisions and values. Students with this identity will succeed in their learning, proved by excellent or good learning outcomes.

Students with moratorium identity status with a mean value of 66.09 are in second place. They have high exploration but low commitment (Kroger & Marcia, 2011; Marcia in Sorouphim & Issa, 2020). The results showed that by doing more exploration, student learning outcomes are also better than having a commitment without exploration as students with foreclosure identity. Those with moratorium identity show an effort to consider everything and do self-reflection to make a decision. For instance, try to find the right job and measure how capable he/she is for the job. However, they do not commit their self into it. In other words, they spend much time thinking and considering what to do before actually doing and enjoying it. In matters of belief, for example, religion, they continue to explore what they believe before making a decision. They cannot decide what is best for them. Hold discussions to find out a view and do more exploration related to that view. In relationship building, they have not decided whom they are going to make friends with. It is such a complicated thing determining a life partner or friendship. At work, they are unable to decide what to do with their job. They are in the midst of an identity “crisis” that encourages them to explore and experiment with different values, beliefs, and goals. However, they have not made the final decisions about which beliefs and values are most important to them and which principles should guide their lives.

In learning, students with a moratorium identity prefer to do exploration first before making decisions. They do not consider setting a learning goal or committing to what they should do to achieve good learning outcomes importantly (Yamin et al., 2020; Yuan & Mak, 2018). They are more likely to be active in various activities, whether learning activities, organizational activities, or other activities that ultimately draw them from their priority to focus on learning goals. Those who are studying while being involved in organizations or are active in various activities spend more than four years (the standard length of study for the undergraduate program). It happens because they are not able to determine priorities through commitments (Alvarez et al., 2021; Chen & Mensah, 2018). Because of that, exploration alone does not guarantee that someone can achieve better learning outcomes than those who have high commitment and exploration.

Students with a foreclosure identity occupy the third position. Their learning outcomes have an average score of 60.71, lower than achievement and moratorium. Students with a foreclosure identity have a high level of commitment but a low-level of exploration (Kroger & Marcia, 2011). The characteristics have shown that they have a strong desire yet cannot be channeled because others’ intervention shakes them (Blesia et al., 2021; Zee & Koomen, 2016). For example, they have many jobs, but they do not enjoy anything. They listen more to what other people say, such as their parents or friends. More follow the flow of other people’s thoughts than the self. Parents mostly direct their life choices. For example, make friends with friends whose parents prefer. They do not question what they believe. Those with a foreclosure identity depend on the choices of their parents compared to their preferences. This characteristic proves that the absence of exploration without commitment will affect student learning outcomes, which is lower than those who have an identity status, achievement, and moratorium (Fitriani, 2017; Hagenauer et al., 2018). A person with this status does not actively determine what is important to them, especially in university learning. They do not question the values and beliefs they have taught. Instead, they acquire their identity only by accepting the beliefs and values of their family, community, and culture.

If the students only have commitment but no exploration, their learning outcomes will be lower than those with high exploration (moratorium) (Blegur, Tlonaen, Lumba, & Leko, 2021; Novitasari et al., 2020). In this sense, the student may have many goals, have a mature plan for his future, and commit to studying diligently, but when there are other options offered to him, he tends to abandon his early commitment. For example, if A has to submit an assignment whose deadline is close (tomorrow), but a friend asks him to go out, then he ends up and follows his friend instead of staying at home and doing his homework. Many external factors can influence him so that he no longer sticks to his commitment. Some committed themselves to not dating during the college and focus on studying to finish on time, but they heard that if they did not have a partner, they were said to be out of date. She started to build relationships and ended up having more failures in studying because she spends more time dating than studying.

The lowest identity status is diffusion identity. Students with a diffusion identity status have a low level of commitment and low exploration (Kroger & Marcia, 2011; Marcia in Sorouphim & Issa, 2020). This status identity brings students have poor outcomes. The result revealed that they have the lowest learning
outcomes (mean 50.00) of the three other identity statuses. The characteristics of students with diffusion identity are that they have low awareness of the importance of learning. They tend not to do something they want, yet purposeless or wait for something good comes to not chase everything and have to wait. Besides, they do not concern about relationships with others. Having friends or not is not necessary, and there is no need to look for close friends. Having faith in something is unimportant and unobtrusive, and their belief is unstable. They are not interested in exploration. For example, they are not interested in finding learning strategies if they have failed in learning and just let it go. They have not considered their identity at all and have not set any goals in life. They are reactive, passively floating through life, and dealing with every situation that arises. This identity is what ultimately makes them fail in their learning.

Students with this identity status will experience failure in their learning outcomes. They did not pass the courses they took because of the lack of two main components in forming his identity. B comes to the class to attend lectures, listens to the teacher when teaching. When the task is given, he does not do it optimally. He prefers to wait for his friend to do the assignment first so that he can cheat his friend’s work. He also will not do anything if when he knows he fails one or more subjects. Otherwise, those with an achievement identity will look for a solution if they fail (Chua & Don, 2013; Saprudin et al., 2020). They commit not to deal with the same failure. Those with diffusion identity consider it normal. There is nothing to worry about, and it can be seen that many of them have failed to achieve the passing standard.

Studies to see the relationship or compare identity status and student learning outcomes are still rare, as described in the introduction. However, one of the studies showed slight similarities but differences (Hejazi, Shahraray, Farsinejad, & Asgary, 2009; Sorouphim, & Issa, 2020). If their study looks at the relationship between identity status and academic achievement, this study compares student learning outcomes based on their identity status. Is there a difference in learning outcomes between students with achievement, moratorium, foreclosure, or identity diffusion is the purpose of this study. The results of previous studies and this study are different. The research results show no significant relationship between identity status and academic achievement of both male and female students (Sorouphim & Issa, 2020). Meanwhile, this study shows that there is a significant difference between identity status and student learning outcomes. The research show a relationship between identity status and academic achievement between men and women (Hejazi, Shahraray, Farsinejad & Asgary, 2009). Still, the previous study looks at the relationship, not comparing.

This study proves that identity status contributes to student learning outcomes. Students who have a high identity status (achievement identity) can show their commitment to learning. They make use of time and opportunities to complete assignments on time. It strengthens their commitment to their duties and responsibilities as students to follow instructions or collaborate with colleagues to complete their tasks. We can also observe that those with high identity status can explore various tasks and assessment strategies. It means that they do not just wait for the task to be completed with the help of their peers but also contribute by exploring the sources, materials, or indicators assigned by the lecturer to carry out the learning program. What students with a achievement identity have, students with low identity status do not have, so it impacted their learning outcomes.

4. CONCLUSION

Students' learning outcomes vary starting from the lowest to the highest, indicating the position of their identity status. Students with the highest scores occupy the highest identity status, achievement identity. Students with the average scores have moratorium identity status. Those with scores below the average have foreclosure status. Students with low scores have the lowest status, identity diffusion. Therefore, it is vital to know the students' identity status to improve student learning outcomes. Students with a diffusion identity status are in a serious problem. Teachers must find a solution so that their identity status can develop towards a high identity status.

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6. REFERENCES


