

The Effectiveness of Classical Guidelines Using Film Media to Improve Student Discipline

Dede Teska Yustika¹, Suhendri², Rohastono Ajie³, Wayan Eka Paramartha⁴

^{1,2,3} Universitas PGRI Semarang, ⁴Universitas Pendidikan Ganesha

yustikateska95@gmail.com

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Abstrak: This research is aimed at increasing students' understanding of discipline through classical guidance services with film media. This study uses quantitative research design using the posttest-only control design. The subjects of this study were students of class XI Pelita Nusantara 2 Vocational School in Semarang collecting 62 students who were divided into two groups namely the experimental group and the control group, collecting subjects using cluster random sampling, data collection techniques used were interviews. The instrument used in the study is the psychological scale of discipline, through a Likert scale design using four options namely strongly agree (SS), agree (S), disagree (TS), very unacceptable (STS) the level of reliability is 0.914. Data analysis techniques used the t-independent sample test (O1-O2). The results of the study showed that there was a significant difference between classical guidance services and media films that were effective in increasing student discipline. This is shown by the results of statistical analysis through the t-independent test of the test sample that is the control group $\text{sig.} 0,000 < 0.05$ which shows a significant increase, while the experimental group $\text{sig.} 0,000 < 0.05$ means significant improvement. Thus the classical tutoring service with effective film media increases student discipline.

Keywords: Counseling Classical Service, Film Media, Discipline

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Introduction

From time to time, education in Indonesia has developed. This development is supported by the rapid advancement of technology and multimedia used in learning. The development of technology and multimedia, especially film media, in the learning process to improve student discipline can be more interesting and easy to understand (Nugrahani, 2017). The process of increasing interesting discipline can improve and foster students' critical thinking. Basically, education is a process of maturing students

so that they can develop their talents, potentials and skills in living life. Therefore, education should be designed to provide understanding and improvement of student discipline.

This research was motivated by the suboptimal disciplinary attitude of class XI students at SMK Pelita Nusantara 2 Semarang, Central Java. Discipline certainly will not just appear in students without being based on effective enforcement of regulations by school teachers, through enforcement of rules in the form of school rules properly and correctly. Student indiscipline at school is associated with violations of school discipline by students (Lawa, 2019). The problems that arise may be due to the discipline that is not being applied effectively. The ongoing ineffective disciplinary process is one of the obstacles that teachers always face. This has an impact on the disciplinary process of students that is less than optimal. This ineffective disciplinary tendency is due to lack of understanding of students' needs, both in characteristics and in the development of knowledge.

According to (Tu'u, 2008: 32), discipline is an effort to control oneself and the mental attitude of an individual or society in developing self-obedience and obedience to rules and regulations based on encouragement and awareness that comes from within his heart. Meanwhile, according to (Rohmad, 2012: 19), discipline is something that lies in the heart and in the soul of a person that encourages the person concerned to do something as determined by the prevailing norms and rules. Thus, discipline is a behavior that arises from within a person, and begins with training which then becomes a habit and sticks in a person's soul. To foster this, support from the school is needed, including the role of counseling, especially classical guidance services. According to (Winkel, 2013: 127), classical guidance is a means to support the optimal development of each student, which is expected to benefit from the educational experience for himself. Classical guidance services are carried out by holding a number of guidance activities. Activities are carried out in line with the program that has been mutually planned and agreed upon by the parties concerned. Classical guidance aims to help students fulfill developmental tasks covering personal, social, learning and career aspects (Astuti, 2020). To make the classical guidance service more effective, it is necessary to use a learning method that makes students more interested in the services provided in order to achieve the goal of providing services, namely increasing student discipline.

Through the media film provides an overview and motivation to students by providing impressions through audio-visual students are expected to improve their discipline to be effective (Azor, 2020). By utilizing film media, students can get a good understanding of discipline when in unpleasant conditions, foster motivation in students, be able to control their urges so they don't easily lose control, be empathetic, have confidence in their abilities, and the ability to increase the positive aspects in himself so that students have an understanding of the importance of self-discipline and are able to improve it. According to

(Kustandi, 2011: 73), film is a collection of pictures in frames. A film is also called a live image, that is, a series of still images that slide quickly and are projected to give the impression of being alive and moving. Films can present information, describe processes, explain complex concepts, teach skills through classical guidance services. In this study, researchers used film media so that the services provided were more attractive, the films given were about one to 10 to 20 minutes long and contained about discipline, benefits and consequences of undiscipline. Film media is used because it has several advantages for education, including reading, discussion, contribution, and other learning activities. The film is a substitute tool, but students feel involved in it, because it identifies itself in the character of the film.

Based on the results of interviews in the field, there is a wide variety of student discipline in class schools. Violations committed by students against regulations in the form of school rules such as students often arriving late to school, students skipping school, not using school attributes completely, littering. To improve the student discipline of SMK Pelita Nusantara 2 Semarang, the researchers used curative steps with classical guidance using film media. Curative step is an effort to restore, correct, straighten or heal mistakes and wrong behaviors that are against school discipline. Students who have violated school regulations and have been given disciplinary sanctions need to be nurtured and guided. Mistakes are not only answered with punishment, but followed by coaching and assistance.

Method

The research subjects were 62 students of class XI SMK Pelita Nusantara 2 Semarang who were divided into two groups, namely the experimental group and the control group, the determination of the research subjects using cluster random sampling, the data collection technique used was interviews. The instrument used in the study was a psychological scale on reproductive health, through a Likert scale design using four options, namely strongly agree (STS), agree (S), disagree (TS), strongly disagree (STS), the level of reliability is 0.914. The data analysis technique used t_independent sample test (O1-O2).

Results and Discussion

This research was conducted to determine the effectiveness of classical guidance services with film media to improve discipline of students of SMK Pelita Nusantara 2 Semarang. The findings of this researcher indicate that the provision of classical film media guidance services has a significant increase in the average pretest and posttest in the experimental group of 68.06, then given treatments and post-tests with an average of 95.48. From these results, the experimental group had an increase of 27.42 points. Meanwhile, the control group had an average pretest of 66.00, the control group was not given treatment but was immediately given posttest which obtained an average posttest of 79.48. From these results the control group increased by 13.48 points. The researcher concluded that the increase in student discipline was due to the provision of classical guidance services using film media with the theme of discipline.

This statement is supported by previous research conducted by Qodriyatun (2019), concluding that classical guidance services using film media are effective in increasing student discipline along with Marlina (2017) that classical guidance services using film media can improve student discipline. Followed by the research results of Ningsih (2014) concluded that film media information services are effective in improving student discipline. And the results of Natalia's (2015) research show that information services using audio-visual media are effective in improving student attitudes towards school discipline. To find out the comparison of increased discipline between the control group and the experimental group, the following figure is presented:

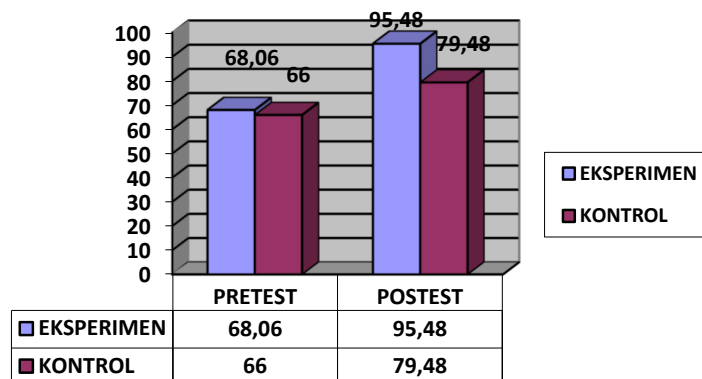


Figure 1. Graph of Average Pre-test and Post-test Results

Based on the graph above, it can be seen if the experimental group that was given classical guidance services with film media experienced a significant increase from an average value of 68.06 to 95.48. Meanwhile, the control group that was not given classical guidance service with film media did not experience a significant increase from an average value of 66.00 to 79.49. Thus, classical guidance services using film media can be effective in improving student discipline.

Conclusion

Based on the research results obtained, it can be concluded that classical guidance services using film media can be effective in improving discipline. Students of SMK Pelita Nusantara 2 Semarang. The increase that occurred in the experimental and control groups was both significant. The experimental group experienced a high increase, while the control group experienced an increase but not high. Thus, the classical guidance service using film media is effective in improving the discipline of students of SMK Pelita Nusantara 2 Semarang, Central Java. With the limitations of the research, the researcher experienced obstacles, namely not necessarily with classical guidance services using film media to improve student discipline. From the results of the study in the control group who were not given treatment, there was a significant increase in student discipline but not high. While the experimental group which was given treatment as much as five times, there was a significant and quite high increase. It was evident from the results of the 5% independent t-test that the experimental and control groups were both significant.

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